

IRONKIDS®

BOLTON EVENT INSTRUCTIONS

IRONMAN®

70.3®



**BOLTON
ENGLAND**

Saturday 29th June 2024



IRONKIDS will return to Bolton on Saturday 29th June 2024 as part of the 2024 IRONMAN 70.3 Bolton weekend. The event, which is the largest in the global IRONKIDS series, will see over 5,000 young athletes run through the streets of Bolton Town Centre and lap around Bolton Town Hall, before finishing under the iconic IRONMAN finish gantry. The event is participation focused and purely recreational. There are no prizes for the athletes who cross the line first – every child who joins us at the event will receive a t-shirt and a finisher's medal!

These Event Instructions include all the information you need for Registration and for Event Day. Please take the time to read through to help you understand the event requirements and pre-plan for the event.

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BEFORE EVENT DAY

REGISTRATION

Before Event Day, you will need to go to IRONKIDS Registration to register your child and collect their Event Pack. You will receive a QR code via email on race week, please bring this QR code (mobile or print) to registration. If you have not received this email by Wednesday of race week, please contact uk@ironkids.com

IRONKIDS REGISTRATION ADDRESS

**Bolton Town Hall, Victoria Square, Bolton,
BL1 1RU**

IRONKIDS REGISTRATION OPENING TIMES

Thursday 27th June 15:00 – 19:00

Friday 28th June 09:00 – 18:00

Please note, peak registration times are: Thursday 15:00 – 16:00 and 17:00 – 19:00; Friday 12:00 – 17:00. During these times, long queues are likely. In order to make the registration process as quick and convenient for you as possible, it is highly advisable that you avoid these peak registration times if you can.

EVENT PACKS

TO REGISTER AND COLLECT THE EVENT PACK YOU WILL NEED...

1. To know the name the child/children were registered under
2. To show your confirmation email (digital or print out) on request

Please note:

- The child does not need to go to registration
- Event Packs can be collected by any adult with the confirmation email
- You can register and collect Event Packs for multiple children

Event entries are non-transferable and non-refundable. There are no exceptions to this rule.

CONTENTS

1 x IRONKIDS T-shirt – this MUST be worn on Event Day for identification purposes (see T shirt policy section)

1 x IRONKIDS Event BIB Number – please write the child's emergency contact details on the back before Event Day. This MUST be worn on Event Day, safety pinned to the front of the child's t-shirt

2 x IRONKIDS wristbands with the corresponding race number and Exit Pen number on.

These are extremely important for safety and security reasons. The wristbands allow us to reunite the correct child with the correct guardian at the Exit Pens.

For children in years reception to year 8 (age 3 - 11):

- 1 x wristband is for the child. The child will need to have this attached securely to their wrist to gain entry to the start pens
- 1 X wristband is for the parent/guardian (MUST be age 18+) who will be collecting the child from the Exit pens at the end of their race. The parent/guardian will need to have this attached securely to their wrist to collect their child from the exit pens.
- Parents AND children running in the 500m distance must both be wearing wristbands. This is so that we can reunite the correct child with the correct parents/guardian should they get split up during the event.

Children in year 8 and above will not need a wristband, and do not need to be reunited with a parent or guardian at the exit pens. Please refer to page 6 - 'Exit Pens'.

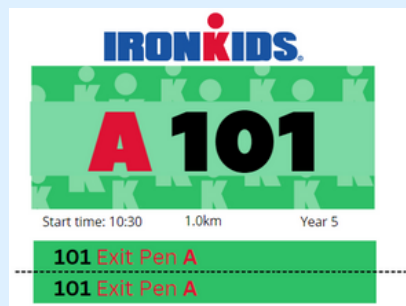
IRONKIDS T-SHIRT POLICY

You indicated the child's t-shirt size when you signed up to the race. This is the t-shirt size you will receive when you register on Thursday or Friday, no exceptions. This policy is to ensure that every child gets the t-shirt size that they requested.

If after you have collected the t-shirt from Registration you realise that the size is wrong for your child, you will need to return to Registration at **17:30 on Friday 28th June** for an exchange. You must bring the original t-shirt with you to be swapped. T-shirt sizes will be reallocated on a first-come, first-serve basis.

No size changes will be made at any other time.

IRONKIDS BIB EXAMPLE



BIB to be worn
on child's front

Children in reception
- year 8:

2x wristbands
one to be worn by
parent/guardian
collecting from
pens, other to be
worn by child



EVENT DAY

HOW TO GET THERE

Athletes and spectators will be making use of Town Centre car parks, and as a result, Bolton Town Centre is expected to be very busy on Saturday. Please ensure to give yourself plenty of time to arrive, park, and reach the start line ready for your child's event.

EVENT ADDRESS

Le Mans Crescent, Bolton, BL1 1SA

Behind Bolton Town Hall (refer to the map at the back of these Event Instructions). This is the address for the Start Line and the Exit Pens. The Finish Line is in front of the Town Hall on Victoria Square.

CAR PARKING

For town centre parking, there are plenty of public car parks. Parking is available over the IRONMAN/IRONKIDS weekend in Topp Way (BL12DJ), Deane Road (BL3SDX), Octagon (BL11TN) multi-story car parks. Disabled parking is available at Cheadle Square (BL1 1EZ).

PUBLIC TRANSPORT

There are regular bus services around Bolton, for up-to-date information please visit the Greater Manchester Public Transport website: www.tfem.com
Bolton train station is situated 0.8 miles from the event site and is within easy walking distance. Alternatively, there is a taxi rank located just outside the station entrance.

HELP DESK ADDRESS & OPENING TIMES

Le Mans Crescent, Bolton, BL1 1SA

Saturday 29th June / 8:30 - 17:00

Near the IRONKIDS Start Line, at the bottom of the steps to the Bolton Museum (refer to the map at the back of these Event Instructions).

MEDICAL & FIRST AID

Please ensure to write the medical details and emergency contact info for the child on the back of their event BIB number. This is the first place the medical team will check should they require medical attention. The First Aid Point, should you need it, is located at the Finish Line.

PARENT / GUARDIAN ASSISTANCE

Nursery, Preschool, and Reception (the 500m distance) children MUST be accompanied by a parent or guardian to run in the event. One parent or guardian per child (you cannot accompany multiple children in a single event under any circumstances). The parent/guardian MUST be age 18+.

Please note, Nursery, Preschool, and Reception (the 500m distance) are the ONLY age groups permitted to run with a parent/guardian. For older year groups, parents will not be allowed to run with their child including running outside of the course along the barriers. Our staff and volunteers are not able to supervise any children whilst their parent/guardian participates in the 500m race. You will need to make alternative arrangements.

EXIT PENS AND CHILD COLLECTION

When they have crossed the finish line, the child will receive their medal and a bottle of water. Children in Nursery - year 8 will then be separated into the corresponding exit pen letter to their BIB number and directed to the appropriate exit pen. The child will then wait within the secure exit pen, behind the finish area, until a parent or guardian comes to collect them.

- the parent/guardian must be present at the Exit Pens with a matching wristband to collect the child - please be wearing the wristband and have it ready to show on arrival to the Exit Pens
- **there will be four exit pens A, B, C, D - please go to the pen that matches the letter on your wristband**
- the parent/guardian must be aged over 18+
- please be patient and do not push or shout as you are waiting to be reunited with your child, as this makes it more difficult for our exit pen staff to hear and locate the BIB numbers they are looking for
- please be respectful of IRONKIDS staff, volunteers and other parents/guardians around you

The exit pens and wristband system enables us to safely and securely reunite the correct child with the correct parent/guardian. The process does take some time but is essential for the children's welfare. We thank you for your patience and understanding, in the interest of all children participating in the event.

Children in year 8 and above will be able to find their parent or guardian at the meeting point between the exit pens and the help desk if required*

START TIMES

Start times are **available over the page** and your child's specific time will also be noted on the bottom left of their event BIB.

Please remember that **this is the time the child will start their event.**

Bolton Town Centre will be extremely busy on IRONKIDS Race Day. You should make sure to leave with plenty of time to travel, park and be ready at the start pens **10 minutes early.**

It will not be possible to run in any distance greater than what your child is allocated but they can run in a shorter distance in some exceptional circumstances.

STAFF & VOLUNTEERS

Our IRONKIDS staff and volunteers are there to ensure your child has a safe and enjoyable event experience. Please respect them, be patient and understanding. Any request they are making of you is in the interest of the child involved. Please especially take this into consideration when waiting to use a crossing point or when collecting your child at the exit pens.

FOR FURTHER INFORMATION...

Please visit www.ironman.com/im-uk-register or email **uk@ironkids.com**

Thank you for taking the time to read this information and thank you to Bolton Council for their support. We look forward to seeing you on Event Day!

START TIMES

	DISTANCE	BIB COLOUR(S)	START TIME
Year 10 & 11	1.5km		9:00am
Year 8 & 9	1.5km		9:05am
Year 7	1.5km		9:25am
Year 6	1.5km		9:45am
Year 5	1.0km		10:30am
Year 4	1.0km		11:15am
Year 3	1.0km		12:10pm
Year 2	1.0km		12:50pm
Year 1	1.0km		1:30pm
Reception	500m*		2:15pm
Preschool	500m*		3:00pm
Nursery	500m*		4:00pm

*Must run with a parent or guardian over 18 years of age

Please note

- BIBs will not be multi coloured, there will be multiple waves in these age groups
- The start times above are subject to change and are for the overall age group.
- Your child's specific start time will be shown on the Event BIB you will receive at registration.

