

Offense



Positions

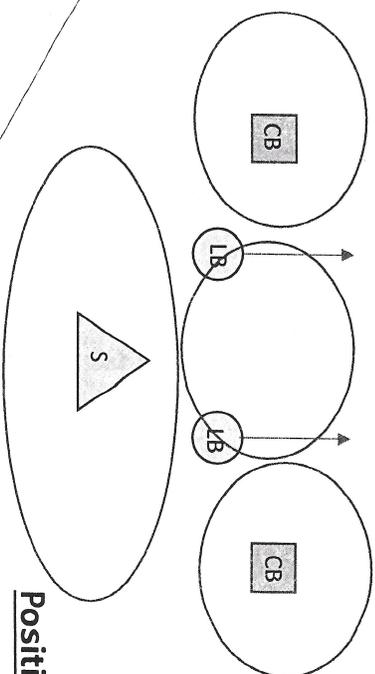
WR= Wide Receiver

C= Center

QB= Quarter Back

RB= Running Back

Defense



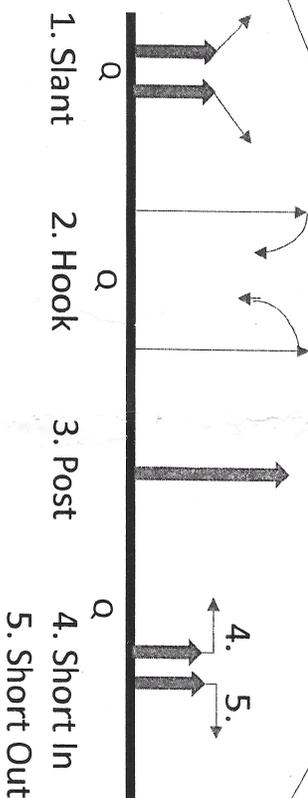
Positions

CB= Corner Back

S= Safety

LB= Line Backer

Receiver Routes

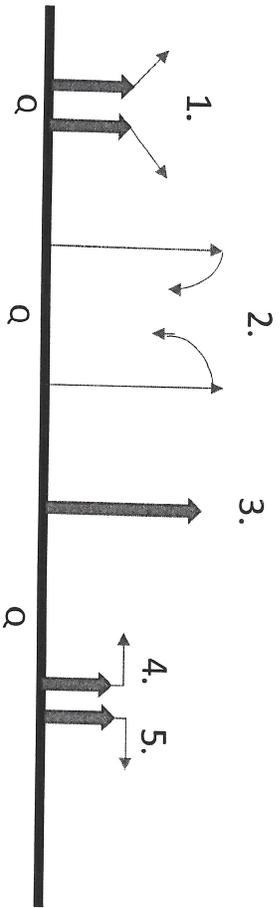


Offense= We have the ball

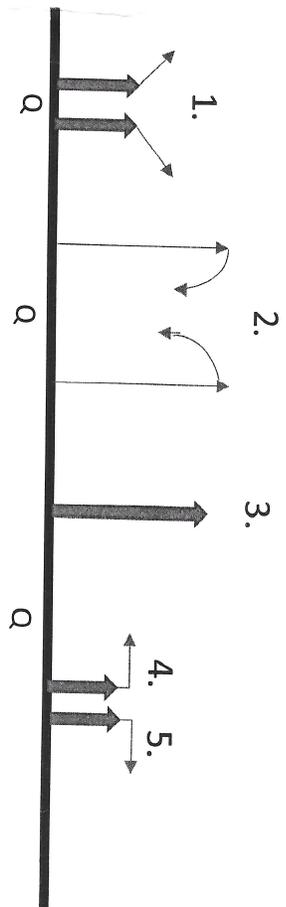
Defense= The other team has the ball we are trying to pull flags

Line of scrimmage= Where we line up for the play on the ball

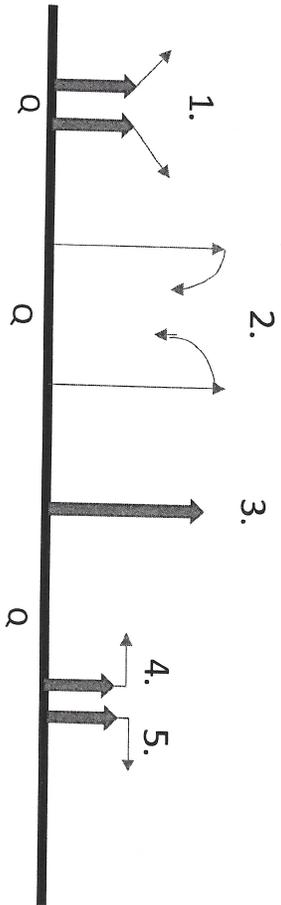
Blitz= Rush the Quarter Back



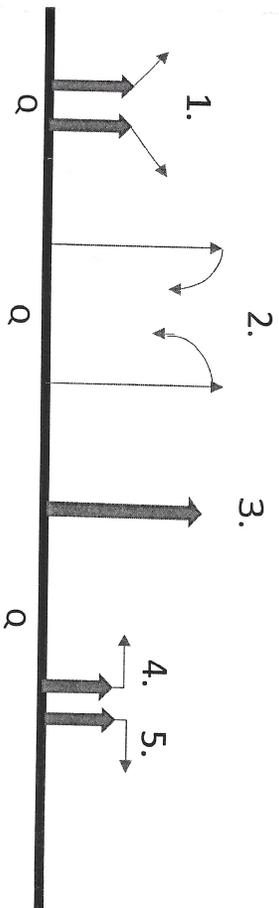
1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____

Offense

1

1

2

3

4

- 1. _____
- 2. _____

- 3. _____
- 4. _____

Offense

1

1

2

3

4

- 1. _____
- 2. _____

- 3. _____
- 4. _____

Offense

1

1

2

3

4

- 1. _____
- 2. _____

- 3. _____
- 4. _____

Offense

1

1

2

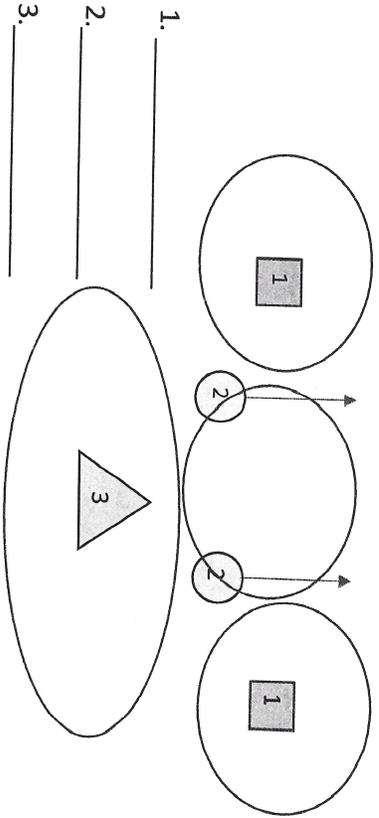
3

4

- 1. _____
- 2. _____

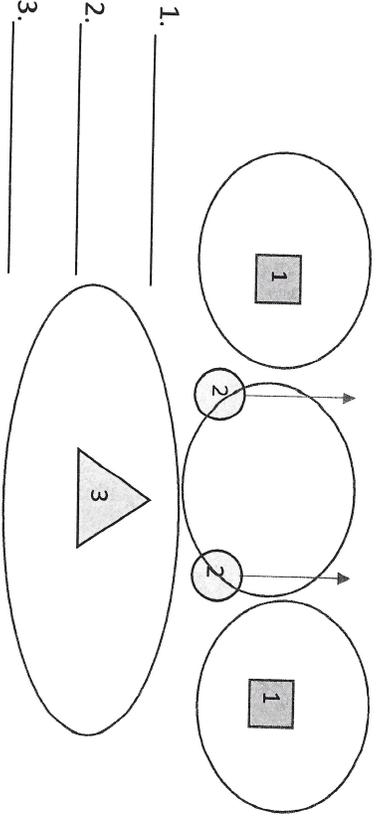
- 3. _____
- 4. _____

Defense Positions



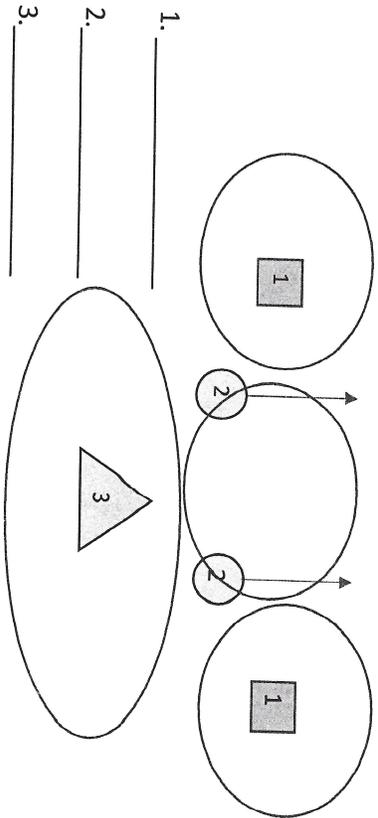
1. _____
2. _____
3. _____

Defense Positions



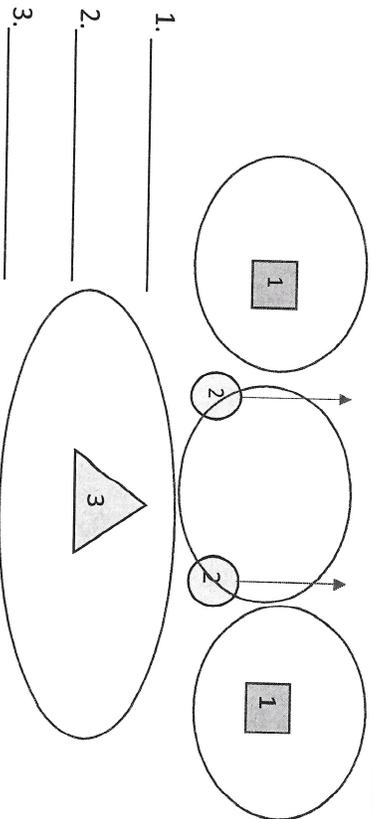
1. _____
2. _____
3. _____

Defense Positions



1. _____
2. _____
3. _____

Defense Positions



1. _____
2. _____
3. _____