

City of Creve Coeur Ice Arena

Return to Play Guidelines

Practices, Clinics and Adult Scrimmages for Youth and Adults Rentals.

The Creve Coeur Recreation Department is dedicated to implementing policies and procedures to help mitigate the spread of COVID-19 until a vaccine is developed and distributed. This will require changes to our operations throughout each phase, to ensure the safety and wellbeing of our employees and the public. These are guidelines only, reopening is contingent on current conditions, adequate resources, available staffing and are subject to change. This plan is not a policy and does not alter or abridge current department policies.

The Creve Coeur Ice Arena is dedicated to updating and revising this plan as this pandemic continues to evolve. All decisions will be made based on:

- New or revised mandates or recommendations from St. Louis County Department of Health and/or the State of Missouri
- Updated recommendations from the CDC
- Operational observations once the facility reopens

Arriving at the Rink

1. Players or coaches with any risk factors or illnesses should not participate in any on-ice activity. Any player, coach or parent/guardian exhibiting symptoms or signs of an illness should not be in the facility at any point.
2. Any one entering the ice rink will be required to go through the St. Louis County mandated health screening and temperature check. Private ice rentals will be required to perform the procedure by someone within their rental group and supply the necessary equipment to perform the screening. This will include a digital thermometer, gloves and masks. All screenings will take place in breezeway between the sets of doors upon entering the ice rink. Entrance via the golf pro shop is not allowed. Everyone must wear a mask when entering the facility, during the health screening and when not on the ice. This includes the lobby area as well. All health forms must be turned into City staff before the end of the rental time.
3. Players should arrive at the rink no more than 15 minutes before the start of on-ice activities. Anyone arriving earlier than 15 minutes before their start time should wait outside of the facility and be socially distanced from others.
4. If there is an activity occurring at the rink before the player or team's scheduled start, the incoming team should wait until all players from the prior event have vacated the building. There should not be cross over or interaction between the groups or individuals.
5. Players should be dropped off at the rink, and picked up afterward. Players are allowed one parent/guardian in the rink to help complete the health screening form or to help with any equipment needs.
6. Families should provide coach/team manager/program manager with accurate contact information in the event of emergency while the player is at the arena, which can be the phone number on the health form. This information **MUST** be accurate and the responsible party **MUST** be able to reach the designated person if the need arises for contact tracing.
7. Whenever possible, players should use the restroom at home prior to leaving for the rink in an effort to limit bathroom use at the facility.
8. Players should arrive to the arena fully dressed with the exception of skates (coming in to the arena with skate guards on is ideal) and helmets. Exceptions may be made for goalies, who may need to put on additional equipment at the rink.
9. Participants will be allowed to use benches/chairs in warming room only. Locker rooms will not be available.
10. Players should be bringing their own rehydration liquids to the rink in clearly marked or labeled containers with the player's identity. The container should be re-sealable. Players should **NOT** plan on refilling their containers at the rink.

11. Coaches should be as prepared as possible to ensure complete utilization of the allowed ice time. This also helps ensure that players are not distracted and know they need to be on time and ready to go, not engaged in other areas of the building.
12. Each renter should have an alert plan to notify group members and anyone else who may have been exposed following any positive outbreak within the group.
13. Dryland activities inside the arena are not allowed at this time.
14. Safesport policies will continue to be in effect in all phases.

On-Ice Activities for Practices, Clinics and Adult Scrimmages:

1. For practices and clinics, players should be separated into groups as much as possible and maintain 6 feet distance at all times, with a max of 34 players and coaches on the ice at any given time.
2. Players need to maintain as much separation as possible. Whenever possible, coaches should be promoting social distancing on the ice, while recognizing that there may be times of close contact by players.
3. Youth should avoid using player benches.
4. Coaches should be keeping players active and engaged at all times. Players should not leave the ice during a practice unless absolutely necessary.
5. The number of coaches on the ice should be kept to a minimum, and it should be noted that each coach will count toward the number of people allowed on the ice as stipulated by the St. Louis County guidelines.
6. Extra “helpers” or players of the team should not be in the facility or on the ice.
7. Youth drills should be age appropriate (station-based) and non-contact.
8. Coaches should avoid talking face-to-face with players, as well as avoid contact with players whenever possible. Physical contact may be necessary when assisting a young player or a player with a disability (helping up or adjusting equipment), but whenever possible, coaches should provide assistance without physical contact, or ask the player’s parent/guardian to assist.
9. Prior to the completion of the ice time, players should be excused from the rink one by one and do not ask players to participate in picking up pucks or other equipment from the ice.
10. Adult scrimmages will be limited to 25 skaters only and can use the players bench. Youth scrimmages are not allowed at this time.

After On-Ice Activities are Completed:

1. No on or off ice interaction (socializing, team meetings, dryland activities) should occur following the conclusion of practice. Players should remove skates and helmets and leave the premises within 15 minutes of the end of practice.
2. Parents/Guardians must be made aware of the time when the players will be done. The parents or person assigned to pick up players at the arena must be punctual. Players should not have to wait for a ride.
3. Players should vacate the arena immediately to allow for the next user group to enter.
4. Coaches or other responsible adults should remain until all players are safe and removed from the premises.
5. While at home, players should clean and disinfect gear after each use.