



FORT WAYNE BASKETBALL LEAGUE

FWBL Game Rules 3rd-6th Grade Divisions

1. The first team listed in the game schedule is the home team.
2. Games will be played using 4 8 minute quarters with a running clock. Clock will stop on Timeouts, subbing in the middle of quarter, end of quarters, and the last 1 min. of the 4th quarter (if the lead is under 10 points with under a minute in the 4th quarter).
3. All players should play 14-16 minutes each game. If that doesn't happen please let us know so that we can check with coaches. Coaches do have the discretion to limit playing time by 4-6 minutes for those that repeatedly miss practice and for those that may disrespect their coach, teammates, or officials.
4. Substitutions will be made at the midpoint of each quarter and at the end of the quarter. There will be no subbing at any other time with the following exception: Teams can sub one time during a dead ball under the 1-minute mark of the 4th quarter. Play will not be stopped just to sub.
5. Coaches, please have subs ready to go so that we keep the flow of the game.
6. Each team can have one timeout per half.
7. There will be one official per game. Travel and double dribble should be called so that players can learn. Call all fouls that disrupt the play of the game. Call 3 seconds in the lane if it disrupts the play of the game also give them warnings instead of calling each time.
8. Fouls will be recorded, and a player is disqualified on their 5th foul.
9. Shooting fouls will be shot as 1 shot for the value of the shot he was fouled on. A non-shooting foul will only be shot in the last minute of the game and both teams will be in the bonus (1 and 1).
10. OT will be for the tournament only and will be sudden death with a 2 min max time limit. Regular season games will be called a tie.
11. Man-to-Man Defense will be played by all teams. In Man-to-Man defenses, help defense and help on screens is allowed but once the primary defender recovers then the help defender should get back to their man. This may create a temporary double team and the officials will only stop play if they feel the double team was intentional and has a negative effect on the play. In Man-to-Man Defense, defenders that are guarding someone on the weakside (side that the ball is not on) then they can play on the helpline in the paint provided they are 1-2 steps off the line from the ball to their man. If their man moves to the ball side or the ball moves to the side their man is on then the defense should shift to guard their man. This may not be a denial of their man as they can play in a gap to help on the drive but they should not remain in the paint unless their man is on the block.
12. There will be no full court press at any time.
13. Home team will provide one parent for the score board and visitor team will provide one parent for the score book.
14. Keep in mind this is an instructional league and sportsmanship will be enforced. Parents please set a good example and stress improvement rather than winning at all costs.
15. Please do not show up for your game more than 30 minutes before scheduled time.



FORT WAYNE BASKETBALL LEAGUE

FWBL Game Rules-Middle School and High School

1. The first team listed in the game schedule is the home team.
2. Games will be played using 4 8 minute quarters with a running clock. Clock will stop on Timeouts, subbing in the middle of quarter, end of quarters, and the last 1 min. of the 4th quarter (if the lead is under 10 points with under a minute in the 4th quarter).
3. All players should play at least 14-16 minutes each game. If that doesn't happen, please let us know so that we can check with coaches. Coaches do have the discretion to limit playing time by 4-6 minutes for those that repeatedly miss practice and for those that may disrespect their coach, teammates, or officials.
4. Substitutions will be made at the midpoint of each quarter and at the end of the quarter. There will be no subbing at any other time with the following exception: Teams can sub ONE TIME during a dead ball under the 1-minute mark of the 4th quarter. Play will not be stopped just to sub.
5. Coaches, please have subs ready to go so that we keep the flow of the game.
6. Each team can have one timeout per half.
7. There will be one official per game. Travel and double dribble should be called so that players can learn. Call all fouls that disrupt the play of the game. Call 3 seconds in the lane if it disrupts the play of the game also give them warnings instead of calling each time.
8. Fouls will be recorded, and a player is disqualified on their 5th foul.
9. Shooting fouls will be shot as 1 shot for the value of the shot he was fouled on. A non-shooting foul will only be shot in the last minute of the game and both teams will be in the bonus (1 and 1).
10. OT will be for the tournament only and will be sudden death with a 2 min max time limit. Regular season games will be called a tie.
11. Man-to-Man Defense will be played by all teams. In Man-to-Man defenses, help defense and help on screens is allowed but once the primary defender recovers then the help defender should get back to their man. This may create a temporary double team and the officials will only stop play if they feel the double team was intentional and has a negative effect on the play. In Man-to-Man Defense, defenders that are guarding someone on the weakside (side that the ball is not on) then they can play on the helpline in the paint provided they are 1-2 steps off the line from the ball to their man. If their man moves to the ball side or the ball moves to the side their man is on then the defense should shift to guard their man. This may not be a denial of their man as they can play in a gap to help on the drive but they should not remain in the paint unless their man is on the block.
12. Teams may press in the last minute of the game if the lead is at 10 or under. Press should be man to man with no trapping.
13. On an inbound pass the offense will have three seconds to touch the ball or it will be a violation resulting in the other teams ball.
14. Home team will provide one parent for the score board and visitor team will provide one parent for the score book.
15. Keep in mind this is an instructional league and sportsmanship will be enforced. Parents please set a good example and stress improvement rather than winning at all costs.
16. Please do not show up for your game more than 30 minutes before scheduled time.