



IRONMAN PHILIPPINES and IRONMAN 70.3 Subic Bay

EVENT SCHEDULE
as of August 10, 2023



Legend:

(subject to change without prior notice)

IRONMAN Philippines

IRONMAN 70.3

JUNE 3, 2024, MONDAY

10:00 AM

Athlete Race Briefing

video posted on official IRONMAN Philippines & IRONMAN 70.3 Subic Bay account

JUNE 6, 2024, THURSDAY

TIME

ACTIVITIES

VENUE

1:00 PM to 6:00 PM

Shuttle Service for participants booked through Sunrise Events official hotels

*refer to shuttle jeepney schedule

Century Tuna IRONMAN Philippines Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

2:00 PM to 6:00 PM

IRONMAN 70.3 Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

IRONMAN Store Open

Hall A1 and Hall B, Subic Bay Exhibition and Convention Center (SBECC)

IRONMAN Athlete Village Open

IRONMAN Information Booth Open

JUNE 7, 2024, FRIDAY

TIME

ACTIVITIES

VENUE

8:00 AM to 6:00 PM

Shuttle Service for participants booked through Sunrise Events official hotels

*refer to shuttle jeepney schedule for details

Century Tuna IRONMAN Philippines Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

9:00 AM to 6:00 PM

IRONMAN 70.3 Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

IRONMAN Store Open

Hall A1 and Hall B, Subic Bay Exhibition and Convention Center (SBECC)

IRONMAN Athlete Village Open

IRONMAN Information Booth Open

3:00 PM

IRONMAN Philippines Press Conference (Facebook Live also available)

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

JUNE 8, 2024, SATURDAY

TIME

ACTIVITIES

VENUE

8:00 AM to 6:00 PM

Shuttle Service for participants booked through Sunrise Events official hotels

*refer to shuttle jeepney schedule for details

Century Tuna IRONMAN Philippines Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

9:00 AM to 3:00 PM

IRONMAN 70.3 Subic Bay Athlete Check-In

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

9:00 AM to 6:00 PM

IRONMAN Store Open

Hall A1 and Hall B, Subic Bay Exhibition and Convention Center (SBECC)

IRONMAN Athlete Village Open

IRONMAN Information Booth Open

10:30 AM to 12:00 PM

IRONMAN & IRONMAN 70.3 Bike Check-in Athlete no. ending 1 and 2

12:00 PM to 1:30 PM

IRONMAN & IRONMAN 70.3 Bike Check-in Athlete no. ending 3 and 4

1:30 PM to 3:00 PM

IRONMAN & IRONMAN 70.3 Bike Check-in Athlete no. ending 5 and 6

3:00 PM to 4:30 PM

IRONMAN & IRONMAN 70.3 Bike Check-in Athlete no. ending 7 and 8

4:30 PM to 6:00 PM

IRONMAN & IRONMAN 70.3 Bike Check-in Athlete no. ending 9 and 0

10:30 AM to 6:00 PM

IRONMAN & IRONMAN 70.3 Run Gear Bag Drop-Off

Transition 2, SBECC

11:30 AM

Transition Tour 1

1:00 PM

Transition Tour 2

2:30 PM

Transition Tour 3

4:00 PM

Transition Tour 4

5:30 PM

Transition Tour 5

Transition 1 (Subic Bay Boardwalk) & Transition 2 (SBECC)

9:00 to 3:00 PM

Weather report (available on FB account)

video posted on official IRONMAN Philippines & IRONMAN 70.3 Subic Bay account

4:00 PM

Catholic Mass (Facebook Live also available)

Hall B, Subic Bay Exhibition and Convention Center (SBECC)

JUNE 9, 2024, SUNDAY - RACE DAY

TIME

ACTIVITIES

VENUE

4:00 AM to 1:00 AM (next day,

Shuttle Service for participants booked through Sunrise Events official hotels

*refer to shuttle jeepney schedule

4:30 AM to 6:00 AM

IRONMAN Philippines and IRONMAN 70.3 Subic Bay Transition Open and Helmet Check

Street Gear, Bike and Run Personal Needs Bag Drop-Off

Transition 1, Subic Bay Boardwalk

6:20 AM

IRONMAN 70.3 Subic Bay Age Group Rolling Start

Subic Bay Boardwalk

IRONMAN 70.3 SWIM CUT OFF: Each participant is given 70 minutes to finish the 1.9K swim based on a rolling start (7:40 AM)

IRONMAN 70.3 BIKE CUT OFF: 5 hours and 30 minutes from the last rolling start release (12:00 PM)

IRONMAN 70.3 RUN CUT OFF: Each participant is given 8 hours 30 minutes to finish the entire course from the last rolling start release (3:00 PM)

6:40 AM

Century Tuna IRONMAN Philippines Age Group Rolling Start

Subic Bay Boardwalk

IRONMAN SWIM CUT OFF: Each participant is given 2 hours 20 minutes to finish the 3.8K swim based on a rolling start (9:10 AM)

IRONMAN BIKE CUT OFF: 10 hours and 30 minutes from the last rolling start release (5:20 PM)

IRONMAN RUN CUT OFF: Each participant is given 17 hours to finish the entire course from the last rolling start release (11:50 PM)		
10:10 AM (*approx.)	IRONMAN 70.3 Subic Bay First Finisher	Driveway, Subic Bay Exhibition and Convention Center (SBECC)
9:00 AM to 6:00 PM	IRONMAN Philippines Official Merchandise Store Open	Hall A1 and Hall B, Subic Bay Exhibition and Convention Center
	IRONMAN Philippines Expo Open	
11:00 AM to 4:00 PM	IRONMAN 70.3 Subic Bay Post Race Celebratory Lunch	Hall A1, Subic Bay Exhibition and Convention Center (SBECC)
12:00 PM to 6:00 PM	IRONMAN 70.3 Subic Bay Bike & Gear Bag Check-Out	Transition 2, SBECC
3:00 PM	IRONMAN 70.3 Finish Line Closes	Driveway, Subic Bay Exhibition and Convention Center (SBECC)
3:43 PM (*approx.)	Century Tuna IRONMAN Philippines First Finisher	Subic Bay Exhibition and Convention

4:00 PM	IRONMAN 70.3 Subic Bay Awards Presentation	Hall B, Subic Bay Exhibition and Convention Center (SBECC)
5:00 PM to 6:00 PM	IRONMAN 70.3 World Championship Roll down ceremony	
6:00 PM to 12:00 AM (June 12)	Century Tuna IRONMAN Philippines Bike & Gear Bag Check-Out	Transition 2, SBECC
11:50 PM	Century Tuna IRONMAN Last Finisher & Finish Line Closes	Driveway, Subic Bay Exhibition and Convention Center (SBECC)
JUNE 10, 2024, MONDAY		
TIME	ACTIVITIES	VENUE
7:00 AM to 1:00 PM	Shuttle Service for participants booked through Sunrise Events official hotels	*refer to shuttle jeepney schedule for details
9:00 AM to 11:00 AM	Century Tuna IRONMAN Philippines Bike & Gear Bag Check-Out	Transition 2, SBECC
9:00 AM to 12:00 PM	IRONMAN Philippines Official Merchandise Store Open	Hall A1 and Hall B, Subic Bay Exhibition and Convention Center
	IRONMAN Philippines Expo Open	
9:30 AM	Century Tuna IRONMAN Philippines Awards Presentation	Hall B, Subic Bay Exhibition and Convention Center (SBECC)
10:30 AM to 12:00 PM	Century Tuna IRONMAN World Championship Roll down Ceremony	

**Times are subject to change. Please continually check the website for updated information.*