

THE ROAD TO **Open, Girls, Novice & HS**



GREIGHTNESS



HOSTED BY DOWNRIVER WC
WHERE LINCOLN PARK HS ~ 1701 CHAMPAIGN RD LINCOLN PARK MI 48146
WHEN MARCH 3, 2024
START TIME 1ST SESSION: NOVICE, HS & GIRLS WRESTLERS ~ **9:00AM**
2ND SESSION: 2019-2015 WRESTLERS ~ **NO SOONER THAN NOON**
3RD SESSION: 2014-2009 WRESTLERS ~ **NO SOONER THAN 3:00 PM**

**Novice & HS Wrestlers
See Page 2**

REGISTRATION WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. EAST FOLLOWS A NO WEIGH-IN PROCEDURE. ALL WRESTLERS MUST BE PRE-REGISTERED BY **THURSDAY EVENING AT 10:00 PM** PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.

AWARDS CUSTOM MYWAY GREIGHTS REGION SHAPED MEDAL 1ST-4TH PLACE

ENTRY FEE \$20.00

MEMBERSHIP WWW.MEMBERSHIPWAYWRESTLING.COM

ADMISSION \$6.00 ADULTS, \$3.00 CHILD

AGE GROUPS **AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLER'S BIRTHDAY AS OF DECEMBER 31, 2023)**

*PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION.
A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.*

RULES MODIFIED HIGH SCHOOL RULES

- MUST BE IN GRADE 8TH OR UNDER. ANYONE BORN IN 08 MUST SEND PROOF WHEN REGISTERING FOR MYWAY.
- ALL MICHIGAN RESIDENTS **MUST** BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.
- AGE GROUPS 2019-2017 & 2016-2015: THREE, 1 MINUTE PERIODS
- AGE GROUPS 2014-2013, 2012-2011 & 2010-2009 (08 8TH GRADE ONLY) THREE, 1:30 MINUTE PERIODS
- SINGLET'S OR T-SHIRT AND SHORTS ARE REQUIRED.
- ONE STEP ON SCALE AT WEIGH-INS
- MOUTH GUARDS **MANDATORY** FOR WRESTLERS WITH BRACES
- THE HEAD PAIRER HAS THE DISCRETION TO COMBINE WEIGHT CLASSES.
- **NOVICE FOR 2016-2015, 2014-2013, & 2012-2011 DIVISIONS ONLY**

COACHES **SEE MANDATORY REQUIREMENTS - WWW.MYWAYWRESTLING.COM/COACHESCORNER**

WT. CLASSES

2019-2017: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT
2016-2015: 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT
2014-2013: 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT
2012-2011: 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT
2010-2009: (2008-8TH GRADE ONLY): 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

GIRLS:

2019-2017: 37, 43, 49, 55, 61, 67, HWT
2016-2015: 46, 52, 58, 65, 75, 85, HWT
2014-2012: 60, 68, 76, 86, 96, 110, 130, 160, HWT
2011-2009: 70, 76, 84, 92, 98, 110, 122, 130, 155, HWT

OTHER INFO ONLY TWO COACHES PER MAT WILL BE PERMITTED IN A CORNER.
NO VIDEO PERMITTED MAT SIDE. ANYONE WITH CAMERA **MUST** BE IN THE STANDS.

PAIRING QUESTIONS/ISSUES EMAIL ~ JIM ~ MYWAYEASTPAIRING@GMAIL.COM

Novice & HS Tournament Information

- *Novice & HS Divisions will start at 9:00 am*
- *Novice limited to the first 200 wrestlers.*
- *Cost for Novice & High School = \$15.00*
- *There will be NO NOVICE Division for age groups 2019-17 and 2010-2009*
- *Awards: Medals 1st-4th Place (not Greights medal)*
- **High School Weights:**
91, 101,109, 116, 123, 129, 135, 141, 147, 153, 160, 168, 178, 193, 218, 288