

Good afternoon team!

My name is {COACH NAME} and I will be your coach this season at GASL. We are super excited to get started! Our first practice on {DAY} @ {TIME} on {FIELD}. Please keep check out the field map here:

<https://www.sportingindianaafc.com/fields>

We'll meet up and introduce ourselves and then play around for a bit - but it won't be a full practice the first week.

Our team name is "{TEAM NAME}" which is super lame - so let's think of a new one! Come with a couple of suggestions and we'll vote on a team name as a team.

For your practices, you should bring:

Water bottle w/ plenty of water

Shin guards/soccer socks

Size XX soccer ball

Soccer cleats are optional but highly recommended (Football or Baseball cleats not allowed if they have a toe cleat)

I will be sending emails throughout the season through the Playmetrics app, and so I highly recommend that you download it as a great source of info. It will have all the practice sessions, games, and picture day schedules once they are released. There's also a team chat we can utilize to share pictures, arrange for car rides, or talk about the team!

<https://home.playmetrics.com/mobile-app>

Here's a great site to check out on all the stuff you can do with Playmetrics as a parent or player:

<https://help.playmetrics.com/hc/en-us/articles/360024272234-Using-PlayMetrics-as-a-Parent-or-Player>

For more info on the league and its philosophy, don't hesitate to check out our hand book here:

<https://www.sportingindianaafc.com/gaslhandbook>

Last, if you have any questions or concerns don't hesitate to let me know via text or call at {CELL #} - I'm happy to help!

**{COACH NAME}**

**{CELL #}**

**{EMAIL}**