

NCAA 23-24 Volleyball Recruiting Rules

NCAA DIVISION 1 VOLLEYBALL RECRUITING RULES

The NCAA Division 1 volleyball recruiting rules restrict when and how D1 volleyball coaches can actively start communicating with prospects. The most important date for D1 volleyball players is June 15 after their sophomore year. At this point, coaches can extend verbal offers and are allowed almost all forms of communication.

- **Recruiting questionnaires, camp invites, NCAA materials and non-athletic publications:** Any time
- **Verbal Scholarship Offers:** June 15 after sophomore year
- **Private correspondence (phone calls, emails, texts, instant messages, DMs, faxes):** June 15 after sophomore year
- **Official and unofficial visits:** August 1 before junior year
- **Off-campus contact:** August 1 before junior year

NCAA DIVISION 2 VOLLEYBALL RECRUITING RULES

The most important date in the NCAA Division 2 volleyball recruiting rules is June 15 after sophomore year of high school. At this time all contact is permitted.

- **Recruiting questionnaires, camp brochures and non-athletic publications:** Any time
- **Unofficial visits:** Any time, unlimited
- **Verbal Scholarship Offers:** June 15 after sophomore year
- **Private correspondence (phone calls, emails, texts, instant messages, DMs, faxes):** June 15 after sophomore year
- **Official visits:** June 15 before junior year

- **In-person, off-campus contact:** June 15 before junior year

NCAA DIVISION 3 VOLLEYBALL RECRUITING RULES

D3 volleyball colleges have the most relaxed NCAA recruiting rules of all the division levels. Most contact is allowed at any time and recruits are only restricted in when they can start taking official visits and have off-campus contact with coaches.

- **Recruiting materials:** Athletes can receive recruiting materials at any time.
- **Phone calls and electronic communications:** There is no limit on when college coaches can call or digitally message athletes.
- **Unofficial visits:** Any time, unlimited
- **Off-campus contact:** After the athlete's sophomore year, college coaches may begin to conduct off-campus contact.
- **Official visits:** Athletes can begin taking official visits after January 1 of their junior year.

NAIA VOLLEYBALL RECRUITING RULES

The NAIA gives a lot of freedom to its coaches in the recruiting process, and it does not restrict when or how coaches can reach out to high school athletes. Though there are fewer rules, NAIA coaches do tend to start the recruiting process a little later than NCAA Division 1 or Division 2 coaches.

2023-24 NCAA VOLLEYBALL RECRUITING CALENDAR

The NCAA volleyball recruiting calendar works in coordination with the NCAA volleyball recruiting rules. The rules explain when coaches can contact recruits based on the recruit's year in high school. The calendar explains what type of contact is permitted throughout the school year.

For example, imagine it's November 10 of a D1 recruit's junior year. The NCAA volleyball recruiting rules show that the recruit can be contacted by college coaches, as well as go on unofficial and official visits. However, according to the NCAA volleyball

recruiting calendar, November 10 falls in a dead period, so that recruit shouldn't plan on taking a campus visit, because D1 coaches aren't permitted to have in-person contact with recruits during dead periods.

The D2 NCAA volleyball recruiting calendar is much less restrictive than the D1 calendar. For D2 volleyball, all dates not specified as part of the dead period should be treated like a contact period. D3 volleyball doesn't have a recruiting calendar, with the entire school year treated like a contact period.

Contact Period: During this time, coaches can email, text, call, direct message and contact athletes and their parents through any NCAA-approved method.

- Division 1: September 1 – November 30, 2023; February 16 – July 31, 2024 (except dates listed as quiet period).

Evaluation Period: Throughout the evaluation period, coaches are allowed to watch an athlete compete in person or visit them at their school or home. However, there are some specific rules about where coaches can evaluate athletes, so pay close attention to whether coaches can evaluate athletes at school events, non-school events or both.

- Division 1: Thursday of the NCAA Division 1 Women's Volleyball Championship through the Sunday immediately following the championship (December 14-17, 2023), a college's coaching staff is allowed to evaluate on one day only and may attend only one event on that day, as long as it's within a 30-mile radius of the championship site. However, coaches cannot attend events that occur at the same time as any games associated with the NCAA championship.

Quiet Period: The quiet period is a time when coaches may not have face-to-face contact with recruits off the college campus, such as at an athlete's school, or at an athlete's games and tournaments. In other words, the coach can only talk to recruits on the coach's campus or through any other approved electronic means of communication.

- Division 1: August 1-31, 2023; December 1, 2023 – February 15, 2024; May 1-30, 2024
- Exception: Coaches attending the American Volleyball Coaches Association annual awards banquet may have incidental contact with two-year college

prospective student-athletes being honored at the banquet, provided no recruiting conversation occurs.

Dead Period: During the dead period, coaches may not have any in-person contact with recruits or their families. Coaches can still keep in touch with recruits via phone, email, social media and other approved electronic means of communication.

- Division 1: November 6-9, 2023
- Division 2: November 6 (7 a.m.) to 8 (7 a.m.), 2023, (during the 48 hours prior to 7 a.m. on the initial date for the signing of the National Letter of Intent)