



HOCKEY SAFETY SYMPOSIUM

The Chicago Blackhawks, AHAI, Athletico and NorthShore University HealthSystem encourage you to register for our "A Step aHead Hockey Safety Symposium" on Saturday, September 29, from 9:00am to 2:30pm at the United Center Atrium. This **FREE** event includes local and national experts on a variety of topics that impact the health and safety of youth hockey players.

CLICK [HERE](#) TO REGISTER NOW

Emergency Action Plans in Hockey

Dr. George Chiampas, Northwestern University

Sleep: Why It's Essential for Your Athletic Performance and Health

Dr. Meeta Singh, Henry Ford Hospital

Appearance & Performance Enhancing Drugs: The Pressure to Perform

Tavis Piattoly, Taylor Hooton Foundation

Ensuring Emotional & Psychological Safety in Youth Sports: Avoid the Risk of Threats, Including Bullying and Hazing

Joe Terrasi, Positive Coaching Alliance

The Injury Paradigm: Preventing the Preventable

Paul Goodman, Chicago Blackhawks

Concussions in Youth Hockey

Dr. Elizabeth Pieroth, NorthShore University HealthSystem

Coffee, tea and water will be provided at no cost. Concession items will be available for purchase from 11:00am to 12:30pm. MadWest Coffee and Food Cafe will be open throughout the day. All Symposium attendees will receive a **10% discount at the Madhouse Team Store**, a special A Step aHead Hockey Safety Symposium giveaway and will be entered into a drawing for the **chance to win 4 tickets to a mutually agreed upon game during the 2018-2019 season**. You must be present to win.

