

NYWAY GIRLS STATE CHAMPIONSHIPS

When: Saturday- March 9th, 2024 ~ Wrestling will begin at 8:00 am
Where: Exposition Center-New York State Fairgrounds- 581 State Fair Blvd. Syracuse, NY

Weigh-ins: Weigh-ins on Friday-March 8th from 1:00-8:00 pm. **Skin and nail checks at weigh-ins**

Eligibility: 2005 Birth Year MUST still be in High School.

Exemptions – All female wrestlers auto-qualify for the Girls State Championship. 7th and 8th graders who are varsity wrestlers are also exempt from the regionals if they wrestle in G4, if wrestling in their age bracket they will need to register for G3. Top 6 place finishers at NYSPHSAA High School State Invitational Championship, regardless of grade, will need to compete in the G4 division. All 2005 born wrestlers must still be in high school.

NO Double bracketing.

2024 Girls Division & Weight classes: 1lb WEIGHT ALLOWANCE for G4

G1 (2018-2016) Madison Pairing

G2 (2015-2013) Madison Pairing

G3 (2012-2010) Madison Pairing

G4 (2009/2006) 94, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, HWT (Max 235)



Registration: \$60.00 online registration ONLY. No walk-ins allowed. **NO REFUNDS**

Registration closes Tuesday, March 5th at 11:59 pm. All participants MUST have their Individual Membership. OPEN to all female wrestlers that attend a NY School.

Admissions: \$20 Adult general daily or \$35 general weekend pass, \$5 for children day/ \$7 children weekend over the age of 6. 5U are FREE. **Coaches'** Floor Passes \$35 daily or \$50 weekend pass (includes general admission & floor access) Live stream will be available and sent to all participants.

TO BE MAT-SIDE YOU MUST HAVE PRESENTED YOUR SAFE SPORT TRAINING CARD & PHOTO ID AT ADMISSIONS TO RECEIVE YOUR WRIST BAND-All spectators MUST stay behind the ropes and off the mats UNLESS YOUR WRESTLER IS WRESTLING

Hotels: Link to NYWAY approved discounted hotels – Coming soon to our website!

Awards: Singlets for Champions ONLY. Custom 5" NYWAY medals for top 6 placers.
Team Championship Trophies for overall top 3 tournament Teams

NYWAY Girls State Championship Rules:



- ✓ Modified NYS High School Rules with NYS Certified Referees
- ✓ NFHS overtime rules apply to D8, D9 & D10. Headgear is MANDATORY. Mouth Gear MANDATORY with braces.
- ✓ Period lengths - Divisions G1 & G2 (1-1-1) Overtime 1 min then: 30 sudden victory. G3 & G4 (1:30, 1:30, 1:30) true overtime
- ✓ Weight classes with 5 or fewer wrestlers will wrestle in a round robin format.
- ✓ 1 lb weight allowance for G4.
- ✓ **MUST weigh in a singlet-NO EXCEPTIONS!**

Tournament Directors: Adam Burgos and Seth Jones

Communications and Technology: Kristen Tessier- kristentessier@gmail.com

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