



The Ice Den solo dance team will participate in the United States figure skating solo dance series. The series consists of 3 regions, Pacific, Midwest, and East Coast. Each region has its own set of competitions that host the solo dance events. Competitors can compete outside of their region but must compete in 1 competition to be able to qualify for solo dance nationals, which is held each September.

The goal for this program is to create a fun, competitive program for solo dancers that will allow them to expand their competitive opportunities, be a part of a team atmosphere and have a chance to qualify for a national event. We will increase the awareness of ice dancing at both Ice Den's.

WHAT IS SOLO ICE DANCE

Solo ice dance is a mirrored event to partnered ice dance. We do the same pattern dances and free dance events as the partnered events do. Ice dancing is a discipline of figure skating that draws from ballroom dancing. In ice dancing, dancers must always skate to music with a definite beat or rhythm.

Dance emphasizes the techniques of edge work, flow, and motion. Ice dancing has two focus areas:

Pattern Dance:

Skaters are given a very specific pattern to follow. This pattern is shown in the form of a drawing which specifies the skater's moves right down to which foot is doing what step during every single beat of music. Dancers are marked on their ability to skate the required pattern with demonstrated musical feeling.

Free Dance:

Skaters get to use their own music and choreography, usually given to you by the coach/choreographer you are working with. These programs must include specific required elements and steps assigned to your level and must be performed in a musical way. No jumps are allowed.

How do you qualify for Nationals?

1. Compete at one competition in any region.
2. Skaters will qualify for the final (Nationals) and be ranked by section based on their highest IJS score.
3. The number of skaters qualifying for the national event may increase if conditions allow.

For Additional Information: chandlericedance@gmail.com

COMPETITION & TEST LEVEL STRUCTURE

The competition levels and test structure for Ice Dance in compulsory dances and free dances are as follows:

Preliminary Pattern Dance	Dutch Waltz, Canasta Tango, Rhythm Blues
Pre-Bronze Pattern Dance	Cha Cha, Swing Dance, Fiesta Tango
Bronze Pattern Dance, Juvenile Free Dance	Willow Waltz, Ten Fox, Hickory Hoedown
Pre-Silver Pattern Dance, Intermediate Free Dance	14 Step, European Waltz, Foxtrot
Silver Pattern Dance, Novice Free Dance	Tango, American Waltz, Rocker Foxtrot
Pre-Gold Pattern Dance, Junior Free Dance	Blues, Paso Doble, Starlight Waltz, Killian
Gold Pattern Dance, Senior Free Dance	Westminster Waltz, Quickstep, Argentine Tango, Viennese Waltz
International Pattern Dance	Yankee Polka, Ravensburger Waltz, Finnstep, Midnight Blues, Silver Samba, Cha Cha Congelado, Golden Waltz, Tango Romantica, Tea-Time Foxtrot

REQUIREMENTS

1. Team members must be a registered United States Figure Skating individual member, or a member of a registered USFS club. Such as **Coyotes Skating Club of Arizona** at the Ice Den Scottsdale or **Desert Ice Skating Club of Arizona** at the Ice Den Chandler.
2. All team members interested in participating in the 2021 solo dance competition series are required to complete the online series registration form on USFSA website. The registration fee of \$38.00 covers all the events. Forms must be completed and submitted by June 1, 2021.
3. A travel consent form signed by a parent/guardian is required for a team member to travel to competition with a team designated chaperone.
4. Solo dance team apparel is available in Coyotes Ice Sports. Travel team members are encouraged to buy the competition team jacket.

TEAM LEVELS

National Solo Ice Dance Team:

Team members will travel to different competitions (only one is required) trying to accomplish their highest IJS score and to qualify for the solo dance national final.

The team fee of \$99.00 includes:

4 Master on-ice classes (Summer 2021)

An exhibition and critique (Summer 2021)