

Program Dates:

Monday, May 27th
through
Friday, Aug 2nd

**Arizona State
Football Champs:**
2006, 2007, 2008, 2014, 2015,
2017, 2018

Centennial HS

www.centennialcoyotesfootball.com

Improve your strength, speed, conditioning & football skills with our successful program.

2024 CENTENNIAL COYOTES SUMMER FOOTBALL PROGRAM (Jr. High 7th & 8th graders)



WEIGHTLIFTING For 7th & 8th Graders

DAYS/TIMES:

Monday - Friday

7:30am — 9:00am

*Program starts on Monday, May 27th



FOOTBALL SPEED/SKILLS

DAYS/TIMES:

Monday

Specialists (Kickers/Snappers):
6pm-7:30pm

Tuesday & Thursday

7on7 Skills & Lineman Camp or
Competition (TBA): 6pm-8pm

Wednesday

Speed & Conditioning:
7:30am-9:00am

HOW DO I SIGN UP?

Bring your registration and payment to the Centennial HS Bookstore. Pay with debit card, cash or check (checks made out to: Centennial High School) No payments taken over phone.

Bookstore phone #(623) 412-4417

For more information contact:
Coach Andrew Taylor
antaylor@pusd11.net

Cost: \$100

*All participants will receive a detailed weightlifting program, strength building sessions with weightlifting instruction appropriate for skill level, participation in speed, agility, quickness, and conditioning drills,

*Participants need workout clothes, water, running shoes, and cleats.

***For the latest information go to our website:**

www.centennialcoyotesfootball.com

CeHS SUMMER WEIGHTLIFTING/FOOTBALL CAMP REGISTRATION

2024

Player's First & Last Name: _____

Parent Name & Phone Number _____

Grade Level: _____

Date Paid _____

Bookstore use only



Extra-Curricular School Activities/ School Sports Participation Agreement RELEASE OF LIABILITY, ASSUMPTION OF THE RISK, COVID 19

Please read this document completely. By signing this waiver, you are assuming the risks of injury and/or damages incurred while your child and you are participating in Athletics and Extra-Curricular Activities at Peoria Unified School District and releasing the Peoria Unified School District from any claims, suits, damages and expenses related thereto.

I hereby acknowledge that my child, if I am signing for them as their legal parent/guardian, or myself, voluntarily desires to participate in athletic (or extra-curricular activities) at "Peoria Unified School District" (District). These activities include, without limitation intramural sports, District sponsored events and/or any other sport or activity associated, sponsored or affiliated with the District. I recognize and expressly agree that participating in any sport or activity associated with athletics is an inherently dangerous activity. Further, I recognize that injuries or damages can occur despite the District's best efforts to avoid them and that the District cannot guarantee Participant's Safety.

Waiver and Release from Liability: In consideration of permission to participate in all activities, today and for all future dates I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue the District, its board, officers, employees and agents for any damages, injuries, accidents, illnesses or property loss to myself or others arising from my child's/my participation in activities, classes, observation or use of facilities, premises, or equipment.

Assumption of Risks: There are many risks associated with participation in extra-curricular and/or physical activities. The risks range from minor injuries, such as scratches, bruises, and sprains to major injuries such as eye injury or loss of sight, joint or back injuries, broken bones, concussions and brain injuries to catastrophic injuries including paralysis and death. I hereby acknowledge that my child's, or my participation is voluntary and that I knowingly assume all such risks. I further expressly agree that the foregoing waiver and assumption of risk agreement is intended to be as broad and inclusive as is permitted by the laws of the State of Arizona.

Acknowledgement of Understanding: I have read this Waiver and Release of Liability and fully understand its terms. I acknowledge that I am signing the agreement freely, voluntarily, and intend by my signature, to be a complete and unconditional release of all liability to the greatest extent allowed by law. This document applies for the entire duration of my child's, or my participation in school physical activities and sports at the Peoria Unified School District.

COVID 19: On behalf of myself, my household members, and as parent and lawful guardian of my minor child, I hereby give permission for my child to participate in the Peoria Unified School District camp/clinic/activity. My child and I are familiar with, and knowingly and voluntarily accept any and all risks associated with the camp/clinic/activity on a school campus. I acknowledge that my child's participation in this program is wholly voluntary and is not part of any regular school curriculum. I specifically assume all risks and hazards associated with my child's participation in the camp/clinic/activity including, but not limited to, the risks associated with the COVID-19 or similar type virus. I understand that my child will be associating with staff, volunteers, and other children and may contract COVID-19, and other viruses and diseases, through my child's participation in the camp/clinic/activity. Although the children and staff/volunteers may have their temperatures taken upon entering the facility, that precaution is not nearly adequate to prevent the spread of COVID-19 given, among other things, the relatively long incubation period, and the fact that many infected persons are asymptomatic. I understand and voluntarily assume the risk that my child may acquire COVID-19, and that COVID-19 may subsequently be transmitted from my child to me, my family, and members of my household. I certify that my child is in good health, has no fever, and has no current issues that make it unsafe for my child to participate in camp/clinic/activity, which may not have a medical professional on staff. I will notify the school and not send my child to the camp/clinic/activity if my child develops a fever or illness or tests positive for COVID-19. To the fullest extent permitted by law, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages, and rights of any kind, including serious injury or death, against the Peoria Unified School District, its insurers, the district's governing board, and all of their respective employees, agents, representatives, and volunteers (the "Released Parties") arising from or relating in any way to my child's participation in camp/clinic/activity. Including but not limited to exposure to the COVID-19 virus as we are assuming that risk.

Student (Participants) Name

Participant's Signature

Parent's (Guardian) signature

Date