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# Minnesota Youth Basketball Alliance Coaches' Clinic

October 12th, 2024

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*Presented by:*



# Welcome to the 2024-2025 community-based youth basketball season!

Thank you for your time and dedication to youth basketball and your commitment and dedication to youth athletes.

Welcome by Nikki Karnopp, Fridley Basketball



# Thank you for your attendance today!



- This clinic is designed as a resource for youth in-house and travel basketball coaches, who are interested in enhancing their skills and techniques.
- learn from some top high school coaches about basic skills and mental aspects of the game of basketball.
- learn challenging new training and development ideas and discussions about styles and techniques involved in coaching.

Today's Coaches Clinic is intended to create; a safe, positive and productive playing environment for your players, better educated coaches, and confidence in your approach to practices and games.

We are convinced that our expert speakers and practitioners will provide you with the knowledge and tools necessary to help you as you are about to embark on your important role as a youth coach during the upcoming community-based youth basketball season.

Your presence is a true indication of your commitment to the value of youth sports, and specifically to the development of youth through the game of basketball.

# MYAS Team Members Present



- Ashlie Anzel, Basketball Managing Director
- Dawson Blanck, Executive Director
- Jeffrey Schultz, Senior Project Manager
- Jeremy Innes, Associate Director







**To Protect and Serve**  
community-based,  
parent-volunteer youth  
sports organizations  
throughout the state of  
Minnesota



## WHO WE ARE



**LARGEST**  
Multi-Sport Organization  
In the State of Minnesota



**ESTABLISHED**  
In 1991



**OVER 150,000**  
Participants Annually



**200+ YEARS**  
Combined Staff Experience

## WHAT WE DO



### EVENT & LEAGUE ADMINISTRATION

Over 300 events in multiple sports while providing support and administration services to groups outside the scope of the MYAS.



### FUNDRAISING

Every MYAS event is utilized as a fundraiser for local youth sports organizations. Over 2.5 million raised every year.



### LEADERSHIP

Our own "Best Practices" allow the MYAS to support and guide the future of youth sports in Minnesota.



# What is the Minnesota Youth Basketball Alliance

- The MYBA is a collaborative effort between the MYAS, the MYBA Basketball Board of Advisors, and youth basketball leaders from around the state working together to strengthen and enhance community-based youth basketball during the winter season.
- An Alliance of associations that agree and uphold the team composition guidelines and best practices.

## Role of MYAS within MYBA

- Steer the MYBA ship.
- Protect community-based basketball.
- Serve the community-based association leadership.
- Facilitate community-based growth and enhancements



## Role of MYBA Board of Advisors

- Provide guidance to the MYAS.
- Enhance the travel basketball experience.
- When making decisions, the Board of Advisors always considers the greater good of community-based basketball, ensuring that actions taken benefit the entire community.

# Agenda

- 9:15am The Importance of Development - Gameli Ahelegbe
- 10:00am Breakout Sessions
- Community/HS Culture - Willie Braziel
  - Individual Competitive Mindset & Development - Kevin McKenzie
  - Your Role in the Village - Mark Klingsporn
- 11:30am My Youth Sports Journey & the Role it Continues to Play - Troy Bell
- 12:00pm Lunch - Jersey Mike's
- 12:20pm MYBA Free-Throw Challenge Information - Jeffrey Schultz
- 12:30pm Coaches Make a Difference - Always Be a Class Act - Denny Smith
- 1:15pm On-court Instruction - Jamie Sobolik





# MYBA Jamboree

- Saturday, October 26th
- 2-Games
- St. Michael-Albertville HS
- Registration Deadline - October 14th



# MYBA 3rd Grade League

- League for 3rd Grade Teams Only
- Choose 5-6 Playdates
  - 10-13 Total Games
- Boys and Girls - A, B, C Level
- Registration Deadline - October 15th



# Rising Stars High School League

- Competitive High School Travel League
  - 9th-12th Grade Boys
  - Designed for players who did not make their HS team
- Individual & Intact Team Registration
- 16+ Practices & 13 Games Guaranteed



# MYBA MLK Invite

- Monday, January 20th
- Bloomington Kennedy HS
- Grades 5th-8th
  - Invite Only
- Top Placing Teams from the 2024 Grade State



# Gopher State Spring Basketball Series

- Tournaments every weekend from late March-June
  - Create a schedule that works for your team
  - Keep your community team together
- Open to Community Teams, Club Teams, Independent Teams
- Over 2,500 teams participated in 2024



# MYAS Grade State Championships & Rising Stars Showcase

1,674 Teams Participated in 2024, which ranks #1 all time!

## Grade State 2024!

- Girls - February 22nd-23rd
- Boys (3rd-6th) - March 1st-2nd
- Boys (7th-8th) - March 8th-9th

## Rising Stars Showcase

- Year-end celebration of community based youth basketball
- Showcase players from teams around the state of Minnesota
- March 15, 2025
- Coaches nominate up to 3 players from their team
- Enhancements announced soon
- 988 participants in 2024



# Gameli Ahelegbe

Played for Tartan HS, Neosho County Community College & MN State Mankato University,  
Played Professionally for the Toledo Ice in the ABA League, Current Assistant Coach at the  
University of Northern Iowa



## The Importance of Development



# Willie Braziel, Kevin McKenzie, Mark Klingsporn

Simley HS Head Coach



Eagan HS Head Coach



Tartan HS Head Coach,  
MBCA Hall of Fame Inductee



Community/High School Culture

Individual Competitive Mindset &  
Development

Your Role in the Village

## Breakout Session Speakers

Coaches 3rd-4th: Start in Main Gym  
Coaches 5th-6th: Start in Back Gym  
Coaches 7th-8th: Start in Auditorium



# Willie Braziel

Simley High School Boys Basketball Coach



Community/High School Culture



# Community/High School Coaching and Culture

Willie R. Braziel

*Head Basketball Coach*

*Simley High School*

# Community Experiences

What does it mean?

Winning – Losing ?

Parents like me ?

Administration Support ?

# Mental Adjustment Information = Preparation

Multitasking

Self motivated

Attitude adjustment – Continuously!!!

A quote by Ayn Rand overlaid on a landscape of mountains. The text is white and bold, centered on the image. The background shows a range of mountains under a cloudy sky.

**A creative man is motivated by  
the desire to achieve, not by the  
desire to beat others.**

Ayn Rand

# Good community/Bad Community

## What does it look like?

Record – 0 – 27 OUCH!!



“Do not judge me by my successes,  
judge me by how many times I fell  
down and got back up again”

Nelson Mandela

# Coach *ABOVE THE LINE*

## Above the line

## Below the line



Blaming others

Don't listen to others



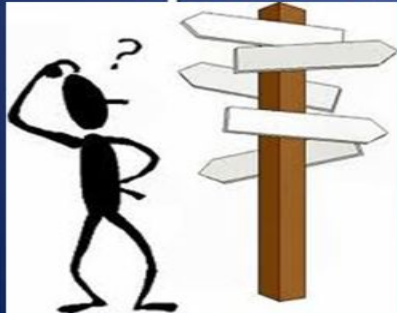
Focused more on what you can't do than what you can do

Feel you are being treated unfairly

Spend time talking about things you can not change

Cite confusion as a reason for not taking action

Spending time telling why you were not at fault



# Above the line

Take ownership

Responsible



**RESPONSIBILITY**

You made the mess, you clean it up

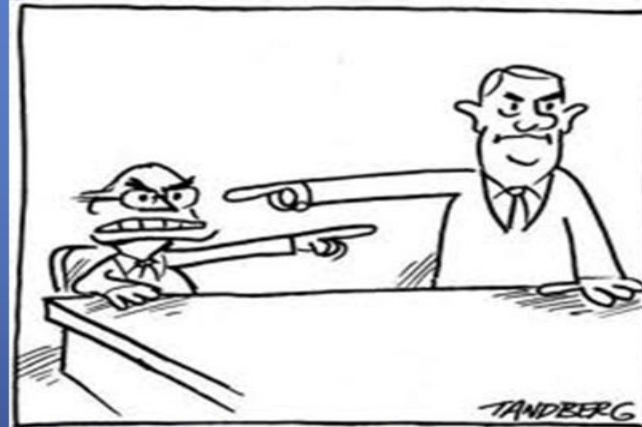
# COACHING Below the line

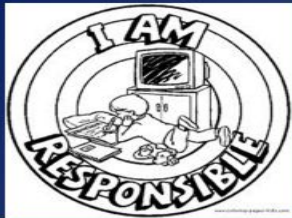
## Blame



DOVE Coverly

"MISS WILCOX, SEND IN SOMEONE TO BLAME."



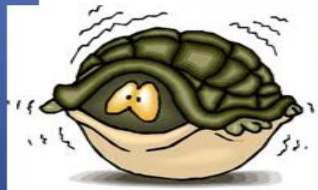


# Coach *ABOVE THE LINE*

Take ownership  
Responsible  
Accountable



Blame  
Justify  
Excuse-maker  
Denial  
Victim

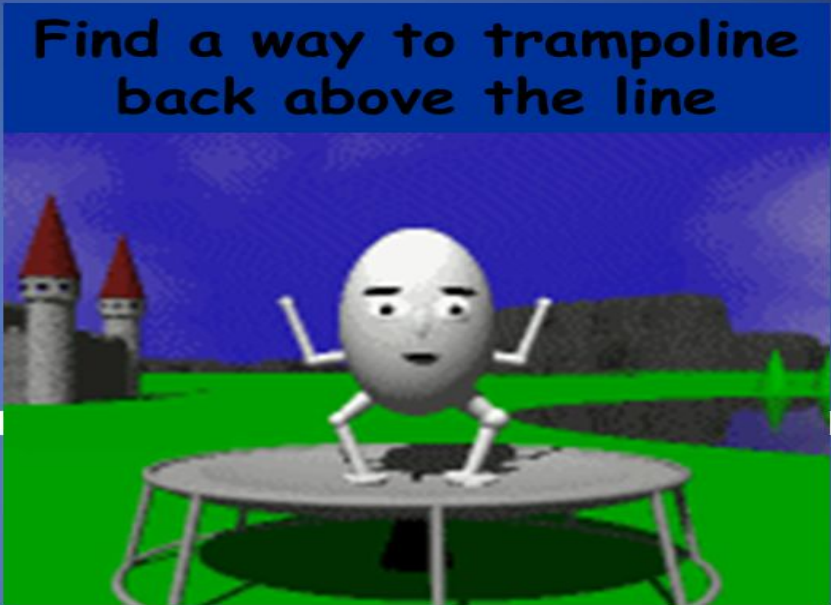


# ABOVE THE LINE



Take ownership  
Responsible  
Accountable

Blame  
Justify  
Excuse-maker  
Denial  
Victim



Find a way to trampoline  
back above the line

When you find yourself  
below the line.



# Good community What does it look like?



# How can I manage a year?

- Plan to PREPARE!
- Prepare to PLAN!
- It will repeat and something will change.



# Network with Leaders

## Listen to community advocates

- Athletic Director
- Principal
- Community Sports i.e. Booster, Rec sports leader

# Periscope Theory Defined by Coach Braziel

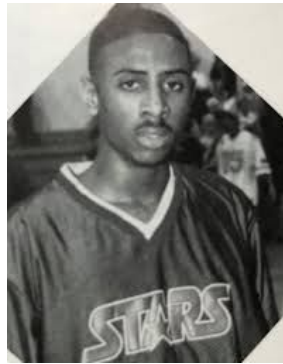


## High School Coach Culture

- Carmel & Center Grove: Carmel girls basketball coach Tod Windlan was dismissed after four successful seasons in which he compiled an 87-20 record and won three consecutive sectional titles. a “parent letter” Carmel principal Tom Harmas wrote that Windlan would remain as coach, although “we regret that you and your daughter did not have the desired experience participating in our girls’ basketball program.” A week later, without further explanation from Carmel, Windlan was dismissed. The school did not publicly state a reason for the coaching change.
- Center Grove, the school hired an outside investigator to flesh out details of a list of complaints against football coach Eric Moore, including inappropriate language, physical contact, and intimidation and embarrassment of students. Moore was retained as coach, but the school said in a statement last week that the result of the investigation would prompt “changes that will impact the culture in all of our extra-curricular activities.”
- “YOU have to adjust”
- Bobby Knight Style ? No Way today!!
- Listen to Parents – SAVE YOUR JOB

# Troy Bell

Played for Holy Angels, Collegiate standout at Boston College (Big East Player of the Year 2001 & 2003), 1st Round NBA Draft Pick



My Youth Sports Journey & the Role it Continued to Play





# Vanoli da sogno, batte Sassari e vola in A



8-16-01



# Denny Smith

Motivational Speaker, Former Coach, author of  
“Coaches Make a Difference” & soon to be  
released “Always Be a Class Act”



**Coaches Make a Difference,  
Always be a Class Act**

**Post-Lunch Speakers & On-court Instruction**

# Jamie Sobolik

Head Girls Basketball Coach,  
Centennial High School



**Competitive Advantage Drills  
for Decision Making**



## PLATINUM PARTNERS



# Lunch



Grab Lunch and Head to Main Gym Bleachers





**COACH**  
**Thank you!**

