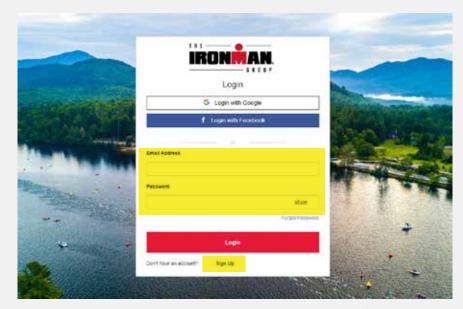


1: GO TO IRONMAN.COM AND CLICK LOGIN IN THE UPPER RIGHT HAND CORNER



2: INPUT YOUR INFORMATION TO SIGN INTO YOUR IRONMAN PROFILE OR CLICK SIGN UP TO CREATE A NEW ACCOUNT



ROFILE		
lare Cor-	Address and Phone number are required but will re Planta provide us with your preferred makings stup	displaced on our authorizer i results pages. The Emails of the displayed on the pales. going address. Notes that may be different from pass residencial is overricle your residential address as provided aid/or Active.com
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My Support Hala Mallory	First Name Jane	Last flame * Due
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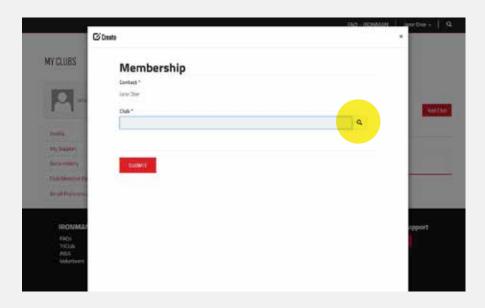
Club Manchesinio

Email Preferences.

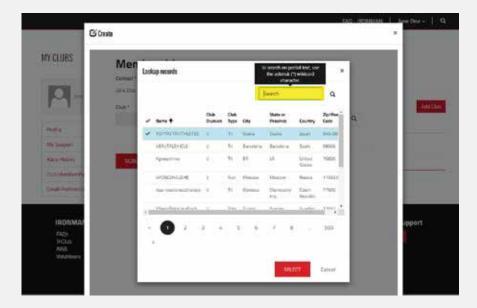
3: ONCE LOGGED IN, CLICK CLUB MEMBERSHIP

4: CLICK ADD CLUB





5: CLICK THE SEARCH FIELD BUTTON

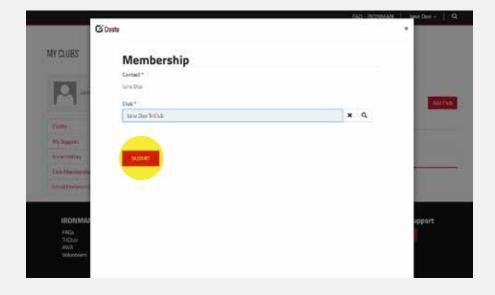


6: TYPE YOUR CLUB NAME IN THE SEARCH BAR THEN PRESS ENTER

*TEXT IS CASE SENSITIVE



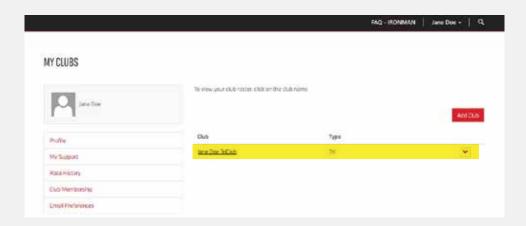




7: CLICK SELECT

8: CLICK SUBMIT





9: YOU ARE NOW AFFILIATED WITH YOUR TRICLUB