



Code of Conduct Policy For Team Training.

At Next Level Athletics we adhere to strict rules that must be upheld to maintain the safety for all parties as training sessions are designed to enhance the progress of the individuals within a team environment.

Dress Code: All participants entering the gym must wear appropriate attire. Shorts must be at least mid thigh in length and sleeves must be worn on all shirts. Pants are fine if they are athletic in nature. All shoes must be athletic and clean.

There will BE NO shorts above mid thigh, spaghetti strap shirts, sleeveless shirts, jeans, soccer cleats, or soccer turf shoes.

Failure to adhere to the dress code will result in suspension of that days' training. Continued failure to comply with dress code will result in expulsion from all training at Next Level Athletics.

Initial _____

Behaviour: All participants at Next Level Athletics are expected to be on their best behaviour at all times. There will be zero tolerance for any type of horseplay, harassment, discriminatory comments, disruptions, foul language, inappropriate comments or anything else deemed unsafe or inappropriate by the trainer.

Failure to adhere to these rules will result in suspension from the training session. Continued failure to adhere to the rules will result in expulsion from training at Next Level Athletics.

Initial _____

Protection of Company Equipment: Every individual should treat our company's property, whether material or intangible, with respect and care. Misuse of gym equipment will result in suspension from the training session and possible re-embursement for damaged property.

Initial _____

By signing below I agree to the following:

- * I am aware that the child/children listed below will be engaging in physical exercise involving various sports, coordination events, and general fitness training that can cause harm or injury.
- * I understand that the child/children listed below are voluntarily participating in various activities at Next Level Athletics and I am assuming all risks of injury to my child/children that may result from engaging in any exercise program or sport related event including tripping, slipping or falling, whether on or off the Next Level Athletics premises.
- * I hereby agree to waive any claims or rights that I may otherwise have to sue Next Level Athletics or Next Level Athletics owners, employees, officers, or agents for any injury that might occur.
- * I understand that Next Level Athletics will make no evaluations or recommendation as to whether or not the child/children listed below is/ are capable or deemed physically fit to engage in any activity.
- * If the child/children listed below has/have any physical or mental condition that may impair their ability to engage in any Next Level Athletics activity, it is MY responsibility to obtain a physician's release.
- * I understand that it is recommended I consult a physician prior to my child's/children's participation in any physical exercise program.

* Next Level Athletics' Policy on Injuries while on the Next Level Athletics Premises - When injury occurs, parents of the involved party will be informed. Parents will be given a copy of our incident report completed and signed by a Next Level Athletics employee. It must also be signed by the parent. One copy will be given to the parents and the other copy will be kept in the incident report file. The name of the child/children involved will be kept confidential. We request that parents honor this policy. Immediate attention and, if necessary, first aid will be given to any injured party.

Participant's Name & Birthday:

Parent/Guardian's Name:

Parent/Guardian's Signature:

Date:
