

USA

Gymnastics

GEORGIA

All Memberships expire July 31

Check your expiration dates for your safety course and background check. All members will be required to take the Safe Sport course in order to be current. I recommend you take your course NOW so your membership will be active and not in a pending status. All athlete memberships expired on July 31 also!

National Updates

The XCEL code is now available at the National USA Gymnastics website as well as the DEV code with all the changes and updates for the 2023-24 season. Be sure you have the latest updates. The Rules and Policies has also been updated.

Xcel Sapphire

XCEL Sapphire has now been accepted as a new level for the Xcel program, and is no longer in a trial phase. Georgia and Region 8 will continue to sponsor Xcel Sapphire competition at our state and regional meets.

State Meet Calendar

The State Calendar has been updated on the GA USAG website. You can find it here:

<https://www.gausag.org/page/show/5195604-georgia-meet-calendar>

23-24 State Meet Info

STATE MEET ENTRY FEES HAVE INCREASED:

Compulsory and Xcel Bronze, Silver and Gold = \$95 Team = \$60

(State Team Finals for USAG Level 3 and 4 is an additional \$100 Team Entry. The top 8 teams after preliminaries will qualify to the State Team final. Teams participating in the State Team Final competition must bring the team final payment of \$100 to the coaches meeting for the final.)

Optionals and Xcel Platinum, Diamond and Sapphire = \$105 Team = \$60

The Fall Declaration Date is Now - October 15th

The Spring Declaration Date Remains - February 15th

FALL LEVEL 2/3

November 17-19, 2023

Hosted by Gymnastix Training Center at Mountain View HS
Registration deadline 10/23
Qualification/refund deadline 11/6

FALL LEVEL 1/4/5/ BRONZE

December 8-10, 2023

Hosted by Roswell Rec.
Registration deadline 11/13
Qualification/refund deadline 11/27

LEVELS 7, 9 & 10

March 15-17, 2024

Hosted by West Georgia Gymnastics at Villa Rica Recreation
Registration deadline 2/19
Qualification/refund deadline 3/4

LEVELS 6 & 8

March 22-24, 2024

Hosted by Carroll County Recreation
Registration deadline 2/26
Qualification/refund deadline 3/11

XCEL STATE

April 12-14, 2024

Hosted by GAA at Lakepoint
Registration deadline 3/18
Qualification/refund deadline 4/1

All state meet registration deadlines are **FOUR** weeks prior to state meet. This will give you **TWO** more weeks to qualify.

WE NEED STATE MEET HOSTS

New State Meet Bid Deadline - December 1, 2023

In an effort to give gyms a better opportunity to secure an outside location for our state meets and to give meet directors more planning time, we are moving our state meet bid deadline for the 2024-2025 season to **DECEMBER 1, 2023**.

The state meet dates for the 2024-2025 season are as follows:

- o Level 2/3 Nov. 22-24, 2024
- o Level 1/4/5/Brz Dec. 13-15, 2024
- o Level 6-10 Mar. 21-23, 2025
- o Xcel Apr. 11-13, 2025

You will also notice that we are planning to have only one optional state meet which will feature levels 6-10 in the same meet. This will require that the facility must be for Friday - Sunday, and must have enough room for two capital cup set-ups including two full floors.

Here is the BID FORM for the 2024 - 2025 season which should be submitted by December 1, 2023:

<https://forms.gle/T5CsjPggz8WzoRey8>

Please Be Patient!!!

Our new webmaster, Victoria Monetta and I are in the process of updating the gausag.org website. Not only are we updating with current information, but we are also trying to work on the layout so that it is easier to find what you need.

CONGRATULATIONS ARE IN ORDER

The following Georgia athletes were recognized at Region 8 Congress for their accomplishments at Level 9 Easterns and Level 10 Nationals. Be sure to congratulate these athletes and their coaches if you have a chance.

Level 9 EASTERNS CHAMPIONS:

Lily Black - Gymnastix Training Center - Floor
Mya Brown - Georgia Elite - Team
Ella Escher - BIO - Team
Bianca Jackson - Gymnastix Training Center - Vault
Fabiana Pombo - Georgia Elite - Team
Olivia Simmons - Georgia Elite - Team
Kaelyn Thompson - Georgia Elite - Beam & Team
Sarah Torres - Georgia Elite - Team
Sadie Witten - Gymnastics Academy of Atlanta - Team
Morgan Wright - Georgia Elite - Team

Level 10 NATIONALS CHAMPIONS:

Emma Howells - Georgia Elite - National Dev Team Member - Vault & Team
Gabbie Mitchell - Georgia Elite - Team
Cilla Parks - Georgia Elite - National Dev Team Member

Georgia USA Gymnastics | 731 CARPENTER WAY, Woodstock, GA 30188 7702416243

[Unsubscribe beckygausag@yahoo.com](mailto:unsubscribe_beckygausag@yahoo.com)

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